



Experience the Difference
This Club Makes

Georgia Karate Academy, Inc.

Class Schedule



American JKA
Karate Association-International

Classes for Ages: 4-6, 7-12, Teens and Adults
All class hours subject to change!

Effective August 16, 2010

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Beginning Karate <i>Gainesville College OC</i> PHED 1113 1:15-2:30 PM	Beginning Karate <i>Gainesville College OC</i> PHED 1113 12:30-1:45 PM	Beginning Karate <i>Gainesville College OC</i> PHED 1113 1:15-2:30 PM	Beginning Karate <i>Gainesville College OC</i> PHED 1113 12:30-1:45 PM	Private Classes Noon-1 pm	Brown/Black TBA monthly 9:30-11:15 am
	Self-Defense in 10 Weeks <i>Gainesville College OC</i> PHED 1200 3:30-4:45 PM	Westminster & Homeschool Beginner: 3-3:45 PM Intermediate: 4-4:45 PM	Pre-“K” Karate <i>4/5/6 year olds only</i> 4:00-4:45 PM	Self-Defense in 10 Weeks <i>Gainesville College OC</i> PHED 1200 3:30-4:45 PM	Self-defense 9:00 am-10:00 am
Beginning Children <i>White Belts & White Belts with Black Stripes</i> 7-12 Years 5:00-5:45 PM	<i>Children 7-12 year olds</i> Orange w/stripes to Black Belt 5:15-6:00 PM	Beginning Children <i>White Belts & White Belts with Black Stripes</i> 7-12 Years 5:00-5:45 PM	<i>Children 7-12 year olds</i> Orange w/stripes to Black Belt 5:00-5:45 PM		Private Classes 10:15 am-11:15 pm
Beginning Teens/Adults <i>13-adult years only</i> White belt to Orange w/White stripe only 6:15-7:15 PM	General Training <i>13-adult years*</i> Orange -Black Belt only 6:15-7:30 PM	*All Levels Kata Training <i>Teens/ADULTS only</i> 6:15-7:15 PM	General Training and Sparring Concepts <i>13-adult years only</i> Solid Orange-Black only 6:30-7:45 PM	Beginning Teens/Adults General Training <i>13-adult years only</i> All Levels 6:00-7:00 PM	
Beginning Karate <i>Gainesville College OC</i> PHED 1113 7:30-8:45 PM	Fitness and Cardio Morning: 8:30-9:30 am Evening: 7:45-8:45 pm	Beginning Karate <i>Gainesville College OC</i> PHED 1113 7:30-8:45 PM	Fitness and Cardio Morning: 8:30-9:30 am Evening: 7:45-8:45 pm		

* Children 7-12 years old may participate with instructors permission only.

706-769-3730 • dgomez@georgiakarateacademy.com • www.georgiakarateacademy.com